



**Year XXXIV**

**SEPTEMBER - OCTOBER 2008**

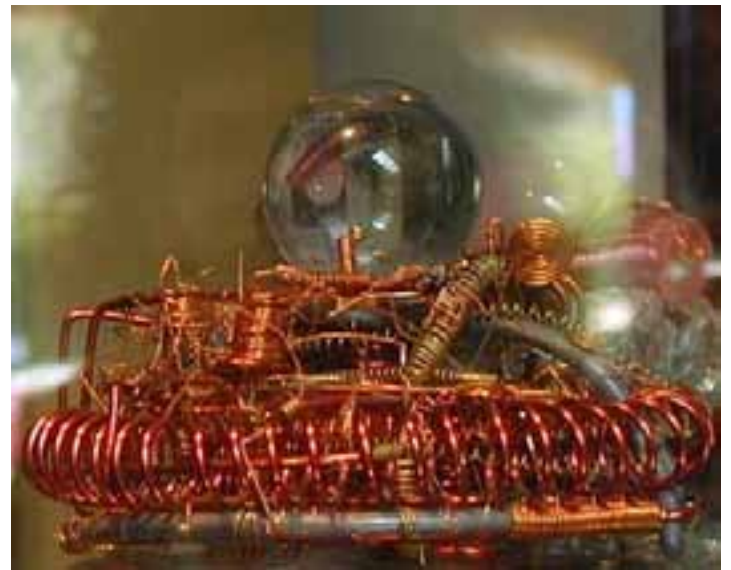
### ***REFLECTIONS***

September and October were very busy months at Damanhur. Many events attracted a lot of visitors and simultaneously ongoing construction projects developing the Federation was visible everywhere. We celebrated the Autumn Equinox, a new batch of future full time citizens started to walk their chosen path, we began our collaboration with Wisdom University, and a new health center opened its doors to the public.

The new Center for Integrated Medicine is located in our multifunctional building, Damanhur Crea, where it occupies twelve rooms dedicated to conventional, alternative, and Damanhurian healing modalities.

Health is one of the fields continuously evolving at Damanhur and many research hours and resources have been invested. The Federation has become well known around the world for its spiritual and natural 'medicine'.

Our doctors, therapists, and spiritual healers are trained in a broad spectrum of conventional and alternative modalities. They have also specialized in fields they are most passionate about, such as those developed at Damanhur like Selfica, an ancient art based on spirals and the use of special metals, colors, minerals, and inks that create structures able to link up with intelligent energies; and other non-conventional but well known therapies such as hypnosis, Chinese medicine, acupuncture...



Healing always means to promote self-healing, and this only happens when the individual is considered from a holistic point of view. In Damanhurian philosophy the body is considered a temple, a precious tool for the soul and the divine principle within it; physical and spiritual wellbeing are equally important for optimal health. The human being is viewed in its totality, the unity of body, mind and soul. Attention is focused on a person's inner needs and when they are met the body will be prepared to work on the disease.



When 'a cure' seems necessary, a balanced approach of traditional and alternative medicine is recommended.

The Center for Integrated Medicine is a pilot project for Italy and everyone will be closely watching how it develops. Both Piedmont and Tuscany are trying to introduce non-conventional medicine into the National Health System. Formichiere Carota, Damanhurian Holistic Physician, is a consultant to the regional non-conventional medicine committee and has been spearheading this effort.



October inaugurated the collaboration between Damanhur and Wisdom University with a wonderful class taught by sociologist Paul Ray and his wife Sherry Anderson, authors of a worldwide study on Cultural Creatives. During the seminar Paul elaborated on the unprecedented emergence of what he calls a new wisdom culture, a growing number of people who are breaking free from old value systems and embracing a more humane and global view of themselves and the world.



Paul has named them 'Cultural Creatives' and although they began to emerge in the world only fifty years ago

they now account for one third of the world population.

At the conclusion of his course Paul Ray said, “What I find interesting about Damanhur—and very attractive—is the blending of practical experimentation with new social forms in an intentional community, with spirituality. The issue of our time is really how can we try out new approaches to community that will actually work and spread.

We desperately need at this time to have something that will work. So if we're willing to experiment, then that's the best chance to discover it. Blending the world of work, the world of child bearing, the world of spirituality, the world of getting things done in community with lots of other diverse people, is the work of our time, it's what needs to be done and we need something that can be carried to a number of places for people to add to, to try out things themselves. So the real value of Damanhur is giving permission to people to try out a new world, to show that a new world is possible”.

For more information about Paul Ray's work check out the NPC briefing at [www.worldforum.org](http://www.worldforum.org).



The new organizing board of GEN (Global Eco-village Network) met at Damanhur to reassess and formulate new guidelines, goals and projects. As usual with these kinds of gatherings the most important moments occurred outside of the formal meeting. Thanks to friendships developed over past years the exchange was profound and enriching. The group set their agenda including a plan for promoting an exchange between all GEN children to learn about each other and the different intentional communities around the globe. The GEN board members enjoyed their visit to the Federation of Damanhur, especially their time spent in the Temples of Humankind.

Damanhur's 'How to Build a Successful Community' class attracted thirty people from as far away as Australia, the Middle East, Far East and the United States; sixteen of the participants were international students at the Peace University at Tamera, in Portugal. The 5-day-course reflected the rhythm of life at Damanhur, intense, synchronistic, smooth and swiftly flowing. The most important themes emphasized were: critical numbers, integrating new generations, economics, politics in and out of the community, leadership, and self-sufficiency, to name just a few. Husky Vaniglia and Coboldo Melo guided the guests through lectures, discussions, and excursions to the Federation's territories. Participants said they enjoyed getting to know the people in the various Damanhurian Communities, and a lively meeting on the last day with Damanhurian youth. Most participants have community experience, some plan to found communities, sometimes in difficult settings like Israel-Palestine. The richness of diversity and experience within the community of participants was an inspiration for all.



Falco spent some time each day responding to questions and discussing various subjects as they arose. Global developments contributed a sense of urgency throughout the course and led to profound and often emotional discussions.

Concerns were high regarding challenges communities may face and preparing for them, the need for coherence, respecting diversity and avoiding dogmatic positions.



The course ended with an "aperitivo" (cocktail party) on Saturday evening and plans are already underway to continue the discussion with visits and projects in all directions.

*Goura Loto and Baraka*

## SEPTEMBER - OCTOBER NEWS

### **04/09/2008 – Giancarlo Fiorucci, Damanhurian Doctor, Interviewed**

Members of the press, for newspaper and television stories, interviewed Giancarlo Fiorucci, a Damanhurian doctor. Giancarlo is a member of the well-known Italian medical association, 'Prometeo', founded by Massimo Citro, a renowned Italian physician. The 'Prometeo' project aims to pressure the establishment to abolish entrance examinations for medical schools. The group believes that anyone who wants to study medicine should be given the opportunity and should not have to take nonsensical tests.

As a provocative act Giancarlo Fiorucci,

Microbiologist and Allergist, took the entrance exam for the Medical school in Turin. He said, "The questions were unrealistic, impossible questions for students to answer". Giancarlo recounted that in 2006, Massimo Citro, the founder of the association, himself took the examinations, and despite his many degrees was not able to pass the test. Dr. Citro then wrote to the Italian Department of Health declaring the absurdity of elitist access to only those believed to have the right attitudes for attending medical school. He never got an answer and so he initiated the 'Prometeo' association and also wrote a book called No Studying. In his book Dr. Citro explains his position regarding the limited access to universities and their economic interest in maintaining the status

quo. He said, "The small number of people allowed to attend certain faculties is unconstitutional, undemocratic, unethical and socially discriminating. It has to be abolished".



### 15/09/2008 – Drying Chestnuts



The Etulte Region, the area of the sacred woods, has built a small new house to dry their chestnuts. Thanks to generous donations of manpower and materials the Damanhurians saved more than half of estimated construction costs for the eighteen square meter structure, a space large enough to dry approximately

ten thousand kilograms of chestnuts. Throughout September the people of the entire region will be busy in the woods gathering chestnuts and by the end of October the first layer of chestnuts will be placed to dry and the fire lit. After five days they will add a second layer of chestnuts, each layer will be fifteen centimeters deep. The opportunity to have an ideal space to do the drying is a great step forward on Damanhur's road towards self-sufficiency.

Many people are involved in the chestnut project. The Region of Etulte is coordinating the work, which will be shared amongst the nucleos.

This inaugural experiment will help Damanhur plan for future projects in coming years. The goal is to produce enough chestnut flour for use by the entire Damanhurian nation and its friends.

### 21/09/2008 - Selfic Paintings - New Experiences

The nucleo community of Aval is offering a new opportunity to Damanhurians and guests. The Aval guesthouse has several selfic paintings activated for different functions. While people are sleeping in the guesthouse they will connect with the paintings during their dreams, helping to align their personalities, gaining inspiration for their spiritual mission, clarity for new inventions, innovative projects, artistic and musical inspiration, divination dreams, astral travels, harmonizing groups of research, working teams, etc.

### 22/09/2008 – Straw-Bale House Course

During the first two weeks of September the Dendera Association hosted the inaugural straw-bale construction course in Damanhur. The initiative for the project came from Inti China, a Damanhurian citizen and member of Dendera who became fascinated with this style of construction and studied the technique at the Sieben Linden Eco Village in Germany.

Using straw-bales as prefabricated walls is one of the new innovative techniques for building large complex houses. Inti's interest in straw-bale construction encouraged the Dendera community to commit to the project for many reasons; it is inexpensive, sustainable, can easily be made 'off the grid', and with the guidance of an experienced teacher people, with or without prior building experience, can participate in the construction.

Martin Stengel and Stefan Ohnesorg of Sieben Linden and Inti China of Damanhur were the course instructors. The intent was for the crew to actually construct a small residence at Dendera but unfortunately the weather did not cooperate and it rained almost every day posing many difficulties. The Dendera family provided lovely lunches throughout

the week and the participants, teachers, and family members all became close friends.



The Dendera Association is very excited about straw-bale construction and it has become obvious that Damanhurians have a unique contribution to make to this new eco building technique. The exterior walls of straw-bale structures are plastered and adding Damanhurian artistry and many years of experience transforming plaster walls into art installations they will help turn ordinary buildings into extraordinary homes.

The event was a great occasion to make new friends and strengthen bonds between the communities of Damanhur and Sieben Linden.

#### **24/09/2008 – Dance of Gratitude**



The Aloa Spirit came to Damanhur Saturday night when the Dutch Meditation Group hosted a party at Atlan (a Damanhurian guest house) to offer appreciation to Damanhur for its assistance over the years. It was a wonderful evening of sacred fires, Hawaiian chanting, and dancing - a lot of dancing! The Dutch hosts greeted Damanhurians with home made pina colodas and “labeled” each Damanhurian with a loving message. One of the highlights and surprises of the evening was Condor Girasole’s dance marathon. Who would have guessed that such a large bird could

move with such grace and freedom of expression on the ground? The dancing went on to the early hours of the morning. 'Maybe at the Winter Solstice the earth will be shaking again with many happy feet,' reported Matthew Rogers of the International School of Meditation and one of the events organizers.

#### **29/09/2008 – Damanhur in “Sacred Places”**

Philip Carr-Gomm, a psychologist working at University College in London, has written an interesting book entitled “Sacred Places”. As the title implies, Phillip introduces and describes well-known sacred places of the world, pilgrimage and spiritual sites like Stonehenge, Santiago de Compostela and many others. Within this world of famous spaces, Philip includes Damanhur, mentioning its grace and charm, its contemporary works of art, and The Temples of Humankind.

The Federation of Damanhur is described in its diversity, from the multifunctional centre 'Damanhur Crea', to the daily newspaper, the companies, the family school and the award given by a UN organisation to Damanhur as a model of a sustainable society. Phillip also describes the ambitious new project developing the Temples. This latest project is based on the construction of an additional section that will be called ‘The Temples of the People’. It will be a place of research, and a wonderful politically neutral place where people could meet to find shared solutions. It will also hold the largest esoteric library in the world and a theatre with one thousand seats. For Damanhurians, and many of their friends around the globe, this project represents a concrete dream to be realised.

#### **06/10/2008 – Greens Meet at Aval**

Grazia Francescato, national leader of Italy's Green Party, accompanied by her husband and Daniela Guerra (Green politician from the Emilia Romagna Region) visited Damanhur to meet regional Green politicians.

The meeting was designed for Green Party representatives from Damanhur, Emilia Romagna, and others from Piedmont, to network with Grazia and each other. Also on the agenda was to introduce Grazia to Damanhur's integrated health system that combines conventional, holistic and Damanhurian healing modalities. One Damanhurian politician said, "If acupuncture and naturopathy were included in other regional healing programmes, as it is in Tuscany, it would be a good start".

Grazia and her guests visited Aval, (Damanhur's newest eco-house) and shared an open discussion on

ecological and ethical investments. They were impressed by Damanhurian entrepreneurship and said that Green politicians should learn from Damanhur and invest in practical ecological solutions such as Aval (off-the-grid house) rather than getting bogged down with criticism of innovations. Daniela Guerra said she 'appreciated Damanhur's approach of doing what they say and putting their ideas into practice... it really makes the difference. This approach has to be exported.'

Grazia Francescato commented that 'in the past few years spirituality has even spread into Italian politics; for example safeguarding sacred places and indigenous rights.' Grazia went on to say, 'In this historical time, where people have lost sight of ethics and culture, green leadership has the chance to return dignity and spirituality to the political and social arenas. Obviously it is not only dependent upon me, but on the rising consciousness of a critical number of citizens that will allow a different perspective on life.' The day was a starting point for future (and hopefully fruitful) collaborations.

### **18/10/2008 – Antonio Ruiz Gives Thanks for School in Nicaragua**

Antonio Ruiz, President of the 'Fundacion del Rio', came to thank Damanhurian children for their commitment and help collecting funds to build a new school on Maccaroncito Island in Nicaragua. Cristina Tersolo, an Italian biologist, who cares for parks in the Asti area, accompanied Mr. Ruiz. Cristina presented a documentary film made by the children of her town to teach respect for the environment. She also gave the children a beautiful bilingual agenda (Italian-Spanish) dedicated to South American and Italian forests.

Five years ago Furetto, a Damanhurian teacher, met Luca Biddau, a well-known biologist and writer, who oversees some of the natural parks in Piedmont. Luca is also involved in safeguarding rainforests and introduced the subject to the Damanhurian family school who totally embraced the idea. Furetto's class became so interested in protecting rainforests that they decided to buy a piece of land in Nicaragua and, to their delight, the parcel they purchased was an island. After learning that the children on the island had to travel hours by boat each day to attend school the Damanhurian students continued fundraising in order to build a school on the island. The rest is history.

President Ruiz said that the goals of the Foundation are very practical and are based on action. He told the

children that their financial donation was directed towards building the school with recycled materials. At the moment the school has eighteen students and three teachers, the next step is convincing more parents to send their children to school instead of making them work in agriculture. The Maccaroncito School is proposing an alternative approach to life, giving value to education, solidarity and environmental issues.

### **28/10/2008 – Masaru Emoto Visits Damanhur**

Masaru Emoto, world known scientist, visited Damanhur.

Emoto's research focuses on water and his photographs of frozen water crystals has captured a glimpse into the mysterious response water has to thoughts, words and pictures. As part of the United Nation's International Decade for Action: Water for Life, Dr. Emoto wants to share his discoveries about the responsive nature of water with children around the world.



As a scientist, Masaru Emoto really appreciated Damanhur's practical approach. He visited our motor home laboratories used to monitor and analyze water, the selfic cabinets where liquids are impressed with different memory frequencies, and spent time with a Damanhurian physician discussing the use of frequencies as a modality for cure.

Masaru Emoto said he was "impressed by the harmonious atmosphere we breathe in Damanhur and by the people; and that the Temples of Humankind were a perfect piece of Art with valuable meaning, the right things that can be linked to the Gods."

Masaru took a sample of water from the red megalith in Damjil and when he returns home he will take a photograph of the crystal and send it back.

## CALENDAR DAMANHUR UNIVERSITY

### DECEMBER 2008

16 - 17 - 18	WINTER FESTIVAL
20 - 21	CONTACT WITH THE COSMOS
27 DEC 08 - 09 JAN 09	SCHOOL FOR SPIRITUAL HEALERS, 1st year
27 - 28	ASTRAL TRAVEL

### JANUARY 2009

10 - 18	MYSTERY SCHOOL, 1st year
11 - 12	INNER HARMONIZATION
13 - 14	ESOTERIC PHYSICS
15 - 16	ASTRAL TRAVEL
17 - 18	THE DREAM PATH

**OLAMI DAMANHUR UNIVERSITY**

**10080 Baldissero C.se (TO) - Tel-Fax 0039. 0124. 512236-512205**

**email to: [dhcorsi@damanhur.it](mailto:dhcorsi@damanhur.it)**

**[www.olamidamanhur.com](http://www.olamidamanhur.com)**